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The aim of the journal is to publish original articles, reviews, rare case report and letters to the editors of the highest scientific and clinical value in health sciences as physiotherapy and rehabilitation, health management, social work, nursing, midwifery, language and speech therapy, audiology, ergotherapy and gerontology.

The target audience of the journal includes all health professionals who are members of the health team.

The editorial and publication processes of the journal are shaped in accordance with the guidelines of the International Committee of Medical Journal Editors (ICMJE), World Association of Medical Editors (WAME), Council of Science Editors (CSE), Committee on Publication Ethics (COPE), European Association of Science Editors (EASE), and National Information Standards Organization (NISO). The journal is in conformity with the Principles of Transparency and Best Practice in Scholarly Publishing (doaj.org/bestpractice).

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Authors are required to submit the following:

- Copyright Agreement and Acknowledgement of Authorship Form, and
- ICMJE Potential Conflict of Interest Disclosure Form (should be filled in by all contributing authors) during the initial submission. These forms are available for download at www.cyprusjmedsci.com.

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Title page: A separate title page should be submitted with all submissions and this page should include:

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- Grant information and detailed information on the other sources of support,
- Name, address, telephone (including the mobile phone number), and email address of the corresponding author,
- ORCID’s of all contributing authors
- Acknowledgment of the individuals who contributed to the preparation of the manuscript but who do not fulfill the authorship criteria.

Abstract: A Turkish and an English abstract should be submitted with all submissions except for Letters to the Editor. Authors from outside Turkey are not required to prepare a Turkish abstract. The abstract of Original Articles should be structured with subheadings (Objective, Material and Methods, Results and Conclusion). Please check Table 1 for word count specifications.

Keywords: Each submission must be accompanied by a minimum of three to a maximum of five keywords for subject indexing at the end of the abstract. The keywords should be listed in full without abbreviations. The keywords should be selected from the National Library of Medicine, Medical Subject Headings database (https://www.nlm.nih.gov/mesh/MBrowser.html).

Manuscript Types

Original Articles: This is the most important type of article since it provides new information based on original research. Acceptance of original papers will be based upon the originality and importance of the investigation. The main text of original articles should be structured with “Introduction”, “Material and Method”, “Results”, “Discussion” and “Conclusion” subheadings. Please check Table 1 for the limitations for Original Articles.

Statistical analysis to support conclusions is usually necessary. Statistical analyses must be conducted in accordance with international statistical reporting standards (Altman DG, Gore SM, Gardner MJ, Pocock SJ. Statistical guidelines for contributors to medical journals. Br Med J 1983; 7; 1489-93). Information on statistical analyses should be provided with a separate subheading under the Materials and Methods section and the statistical software that was used during the process must be specified.

Units should be prepared in accordance with the International System of Units (SI).

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**Tables**

Tables should be included in the main document, presented after the reference list, and they should be numbered consecutively in the order they are referred to within the main text. A descriptive title must be placed above the tables. Abbreviations used in the tables should be defined below the tables by footnotes (even if they are defined within the main text). Tables should be created using the “insert table” command of the word processing software and they should be arranged clearly to provide easy reading. Data presented in the tables should not be a repetition of the data presented within the main text but should be supporting the main text.

**Figures and Figure Legends**

Figures, graphics, and photographs should be submitted as separate files (in TIFF or JPEG format) through the submission system. The files should not be embedded in a Word document or the main document. When there are figure subunits, the subunits should not be merged to form a single image. Each subunit should be submitted separately through the submission system. Images should not be labeled (a, b, c, etc.) to indicate figure subunits. Thick and thin arrows, arrowheads, stars, asterisks, and similar marks can be used on the images to support figure legends. Like the rest of the submission, the figures too should be blind. Any information within the images that may indicate an individual or institution should be blind. The minimum resolution of each submitted figure should be 300 DPI. To prevent delays in the evaluation process, all submitted figures should be clear in resolution and large in size (minimum dimensions: 100 × 100 mm). Figure legends should be listed at the end of the main document.

All acronyms and abbreviations used in the manuscript should be defined at first use, both in the abstract and in the main text. The abbreviation should be provided in parentheses following the definition.

When a drug, product, hardware, or software program is mentioned within the main text, product information, including the name of the product, the producer of the product, and city and the country of the company (including the state if in USA), should be provided in parentheses in the following format: “Discovery St PET/CT scanner (General Electric, Milwaukee, WI, USA)”

All references, tables, and figures should be referred to within the main text, and they should be numbered consecutively in the order they are referred to within the main text.

Limitations, drawbacks, and the shortcomings of original articles should be mentioned in the Discussion section before the conclusion paragraph.

**References**

While citing publications, preference should be given to the latest, most up-to-date publications. Authors are responsible for the accuracy of references. If an ahead-of-print publication is cited, the DOI number should be provided. Both in-text citations and the references must be prepared according to the Vancouver style. Journal titles should be abbreviated in accordance with the journal abbreviations in Index Medicus/MEDLINE/PubMed. When there are six or fewer authors, all authors should be listed. If there are seven or more authors, the first six authors should be listed followed by “et al.” In the main text of the manuscript, references should be cited using Arabic numbers in parentheses. The reference styles for different types of publications are presented in the following examples.


**Table 1. Limitations for each manuscript type**

<table>
<thead>
<tr>
<th>Type of manuscript</th>
<th>Word limit</th>
<th>Abstract word limit</th>
<th>Reference limit</th>
<th>Table limit</th>
<th>Figure limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original Article</td>
<td>3500</td>
<td>250 (Structured)</td>
<td>35</td>
<td>6</td>
<td>Max. 5 images</td>
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<tr>
<td>Review Article</td>
<td>5000</td>
<td>250</td>
<td>50</td>
<td>6</td>
<td>Max. 7 images</td>
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<tr>
<td>Case Report</td>
<td>1000</td>
<td>200</td>
<td>15</td>
<td>No tables</td>
<td>Max. 5 images</td>
</tr>
<tr>
<td>Letter to the Editor</td>
<td>500</td>
<td>No abstract</td>
<td>5</td>
<td>No tables</td>
<td>No media</td>
</tr>
</tbody>
</table>

Editor(s) as Author: Huizing EH, de Groot JAM, editors. Functional reconstructive nasal surgery. Stuttgart-New York: Thieme; 2003.


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When submitting a revised version of a paper, the author must submit a detailed “Response to the reviewers” that states point by point how each issue raised by the reviewers has been covered and where it can be found (each reviewer’s comment, followed by the author’s reply and line numbers where the changes have been made) as well as an annotated copy of the main document. Revised manuscripts must be submitted within 30 days from the date of the decision letter. If the revised version of the manuscript is not submitted within the allocated time, the revision option may be canceled. If the submitting author(s) believe that additional time is required, they should request this extension before the initial 30-day period is over.

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CONTENTS

1 ACKNOWLEDGEMENT OF REVIEWERS

ORIGINAL ARTICLES

3 Preliminary Results of the Adaptation of Developmental Test of Auditory Perception (DTAP) to Turkish with Normal Hearing Children and Adolescents
Merve ÇİNAR SATEKİN, Zahra POLAT, Talha ÇÖGEN, Selma YILAR, Özlem ÇANGÖKÇE YAŞAR; Ankara, Istanbul, Samsun, Turkey

10 Effects of Home-Based Aerobic Exercise Training on Glycemic Control and Lipid Profiles in Patients with Prediabetes and Type 2 Diabetes: A Randomized Controlled Study
Filiz ÖZDEMİR, Melek Havva KILCIK, Bahri EVREN, Ibrahim ŞAHİN, Cemil ÇOLAK; Malatya, Turkey

17 The Investigation of Social Work Student’s Social Problem Solving Orientation and Problem Solving Styles
İshak AYDEMİR, Taner ARTAN, Bülent ÖNGÖREN; Sivas, Istanbul, Muğla, Turkey

26 The Effect of Mobile Application Supported Exercise Program on Pain, Quality of Life and Work Performance in Healthy Office Workers
İrem Cansu BİNGÖL, Merve YILMAZ MENEK, Yiğit Can BİNGÖL, Devrim TARAKCI; Istanbul, Turkey

33 The Effect of Dual Task on Walking Speed and Cadance in Children with Down Syndrome
Furkan UYSAL, Beliz BELGEN KAYGİSIZ, Uğur CAVLAK; Lefke, Cyprus; Trabzon, Turkey

39 Factors Affecting Activity Restrictions Related to the Fear of Falling in Parkinson’s Disease
Zeynep TÜFEKÇİOĞLU, Burcu ERSÖZ HÜSEYINSİNOĞLU, Yonca ZENGİNLER YAZGAN, Başar BİLGİÇ, Haşmet Ayhan HANAĞASI; Istanbul, Turkey

46 Investigation of Factors Related to Menstrual and Premenstrual Symptoms
Nur Elçin BOYACIOĞLU, Fulya GÖKDEMİR, Neslihan KESER ÖZCAN; Istanbul, Artvin, Turkey

56 Probability of Health Ministers Leaving Office: A Survival Analysis for Turkey
Salih Haluk ÖZSARI, Canser BOZ; Istanbul, Turkey

60 The Effect of Three Different Methods During Blood Collection on Pain Level and Parental Satisfaction in Children
Seda DAVAS, Meltem KURTÜNCÜ; Zonguldak, Turkey

REVIEW

69 Impact of the Pandemic on Audiology: Practices in Tele-Audiology
Burcu DENIZ, Rışvan DENIZ, Eyyup KARA, Ahmet ATAŞ; Istanbul, Turkey